INTERNATIONAL STUDENT

LIVING IN PARIS

A practical guide to France

PARIS & FRANCE / 2026–27

For adult international students preparing, arriving and settling in France.

GENERAL PARIS & FRANCE GUIDE

Housing · SIM · banking · CVEC · health · transport · work · safety · glossary · 48 FAQs

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Admission to EIU does not by itself establish eligibility for a French student visa.

READ THIS BEFORE YOU SPEND ANYTHING

Study, visas and what this guide is

ESSENTIAL NOTICE

Admission to EIU does not by itself establish eligibility for a French student visa.

Visa eligibility is decided by the French authorities alone. It depends on your nationality, your country of legal residence, the real purpose and duration of your travel, how your programme is delivered, your evidence, your resources and the decision of the competent authority. No university controls any part of it.

How your programme is delivered matters more than most applicants expect.

Programmes listed on eiu.ac are presented as online and self-paced study, or as delivered through the EIU regional campus in Dubai. Online study does not require a French student visa and does not support an application for one. If you believe your programme includes physical attendance in France, ask EIU in writing for the teaching address, the in-person dates and the delivering entity before you pay for a visa, a flight or accommodation. [R05][R06]

Use the free official France-Visas wizard to find out which visa, if any, applies to you. It is the only answer that governs your case. [R15]

WHAT THIS GUIDE IS

A general guide to arriving in and living in Paris and France, published free by EIU–Paris. Almost all of it applies to any international student in France, whatever institution they attend.

WHAT IT IS NOT

Not immigration advice, not a legal document, and not a promise of admission, accommodation, employment, healthcare, banking or financial support. EIU guarantees none of these.

WHY WE PUBLISH IT

EIU–Paris is based in Paris. Many of our students, and many students who will never study with us, arrive in France with no practical guide at all. This is offered as a free public resource, not as part of any programme.

ALWAYS

Several figures in this guide changed during 2026. Every one carries a source marker such as [R13]. Open the cited official page before applying, paying, signing or travelling.

HOW TO USE THIS GUIDE

Four phases, in order

Read it in sequence the first time. Afterwards, come back to the calendar, the checklists and the questions whenever a decision is due. If a word is unfamiliar, the glossary is on page 33.

01 **Verify**
Programme facts, visa route, funds and dates. Nothing else matters until this is settled.

02 **Prepare**
Documents, packing, flights, border evidence and the journey from the airport.

03 **Settle**
Housing, the first month, CVEC, healthcare, banking and your work rights.

04 **Live well**
Getting connected, transport, budgets, neighbourhoods, safety and the tools at the back.

Reading the markers

Warning	A common and costly mistake — money lost, a deadline missed, or a scam.
Good to know	Context that makes an unfamiliar French procedure easier to follow.
Verify before you act	A figure that changes. Check the official page before you rely on it.
[R13]	A source marker. The full reference and URL are on pages 39–40.

IF THINGS GO WRONG

France has a real safety net for students — emergency grants, free social workers, food aid and a €1 university meal. Page 32 explains how to reach it. Ask early; it is not a last resort.

CONTENTS AND CONTACT

What is in this guide

EIU Paris — and what EIU cannot decide

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EIU CANNOT DECIDE

Visa eligibility, appointments, border entry, residence permits, CAF, healthcare registration, bank accounts or tenancy decisions. Those belong to French authorities, banks and landlords. Anyone claiming otherwise — including someone using EIU’s name — is misleading you. [R01][R02]

PLAN BACKWARDS FROM YOUR START DATE

The year on one page

Dates vary by country and institution — this is the shape of the year, not your personal calendar. Two things catch almost everyone: French administration slows sharply in August, and most deadlines are earlier than they sound.

WHEN	WHAT HAPPENS	WHAT YOU SHOULD BE DOING
Jan – Mar	Études en France campaigns open in many countries	Check your own country page; start the file
Mar – May	Crous housing and grant main phase	Apply even if unsure — availability is the constraint
Apr – Jun	Visa applications; you cannot file more than three months before travel	Book the appointment as soon as it opens [R11]
May – Jul	CVEC opens; Crous complementary housing phase	Pay the CVEC close to your actual enrolment [R65]
1 Aug 2026	New resource threshold of €877.50 applies	Files opened before this date keep the old rule [R64]
August	Administration and landlords largely on holiday	Do not plan anything that needs a human reply
September	Rentrée — peak housing and bank competition	Have your rental file and buffer ready in advance
Within 3 months	VLS-TS validation on ANEF	Do it in week one, not month three [R13] [R14]
Sept – Nov	Health registration; CAF check; médecin traitant	Each needs the one before it — see page 19
30 Apr 2027	Imagine R application deadline	If eligible and under 26 [R47]
4 → 2 months	Renewal window before your permit expires	Diarise this on the day you arrive [R13]

THE AUGUST PROBLEM

Most students arrive in late August or early September — exactly when offices are least staffed, housing is scarcest and bank appointments are fullest. Anything you can complete before August, complete before August.

SECTION 01 · THE VISA GATE

Do you need a French student visa at all?

For many readers the answer is no — and that usually means less cost, not bad news. Work down this page before you spend anything.

1 · Is your programme delivered online, or outside France?

YES — no French student visa is needed, or possible, for the study itself	NO — go to question 2

2 · Are you an EU, EEA or Swiss national?

YES — no student visa is required to study in France	NO — go to question 3

3 · Will you be in France for more or less than 90 days?

UNDER 90 DAYS — a short-stay visa may apply, or none	OVER 90 DAYS — a long-stay route applies

€877.50
Minimum monthly resources for files opened from 1 Aug 2026 [R64]

€150
Student VLS-TS validation on ANEF [R13]

3 months
Deadline to validate after arrival, or you lose status [R14]

THEN	WHAT GOVERNS IT
Which route	Études en France for 72 listed countries; otherwise direct France-Visas [R09]
Which documents	Only the list the wizard generates for you. No universal checklist exists [R15]
If refused	A prior appeal to the CRRV within 30 days, signed and in French [R11]
Renewal	Open the route 4 months before expiry; file by 2 months before [R13]

STOP

Never present an online programme as physical study

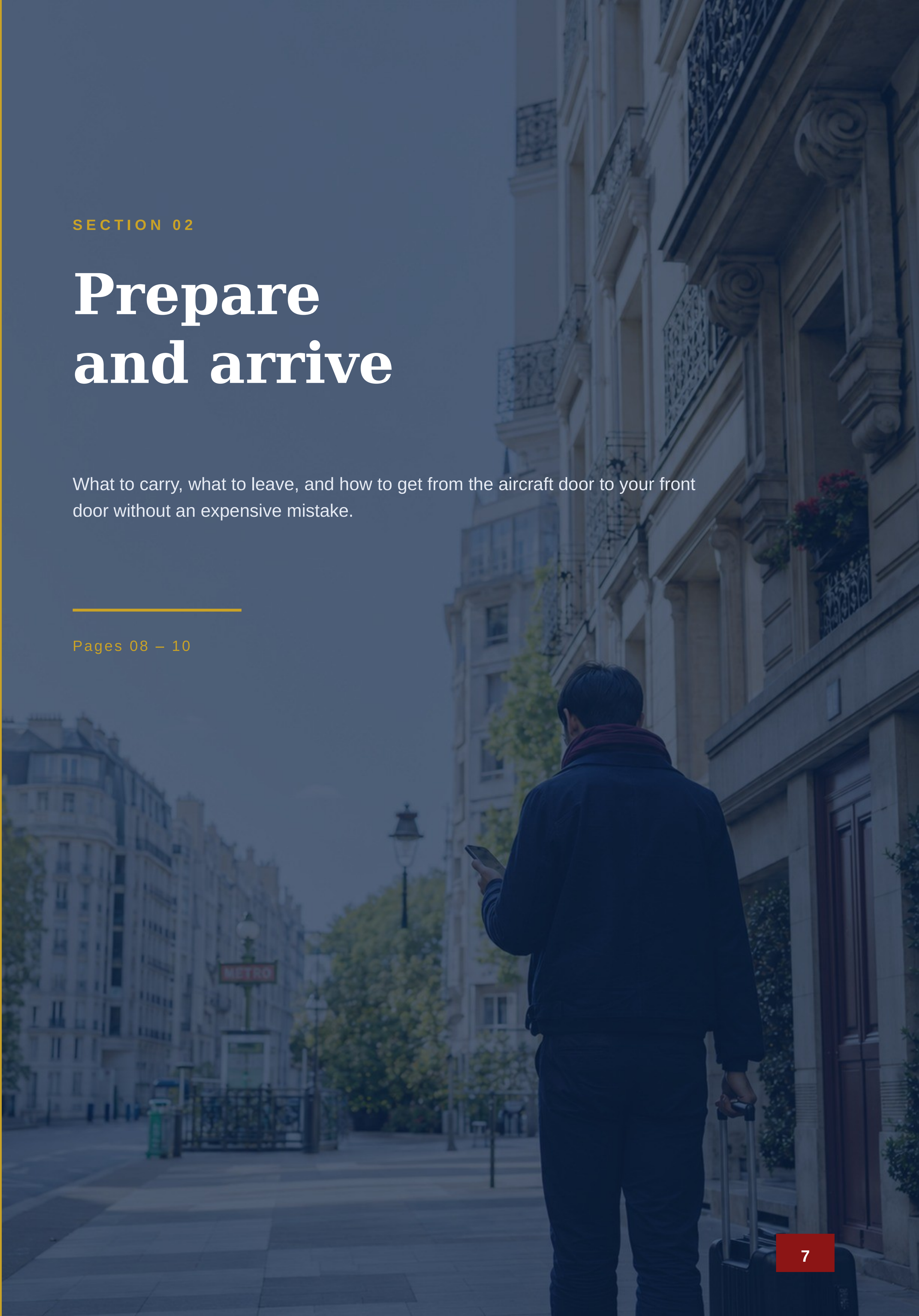
A misrepresented purpose is a refusal ground and it follows your record. Resolve any contradiction in writing first. Questions 1–14 on page 36 cover the detail. [R05][R15]

SECTION 02

Prepare and arrive

What to carry, what to leave, and how to get from the aircraft door to your front door without an expensive mistake.

Pages 08 – 10



DOCUMENTS AND PACKING

Carry the first 72 hours, not your entire life

Pack for legal entry, medication continuity, and the gap before local services work. Everything else costs less here than the excess-baggage fee.

IN HAND LUGGAGE

- Passport and visa or status evidence
- Enrolment and programme evidence
- Accommodation address and contact
- Funds, insurance, return evidence
- Prescriptions and medication
- Offline address and transfer route

SECURE ARCHIVE

- Colour scans and protected copies
- Certified translations if required
- Rental file and guarantor evidence
- Receipts, bank and health records
- Attendance, results, renewal evidence
- Separate cloud and offline backup

CARRY-ON	CHECKED BAG	BUY IN PARIS
Documents and backups	Seasonal clothing and shoes	Bedding and household basics
Prescription medicines	Permitted toiletries	Routine toiletries
Phone, charger, adapter	Spare clothing	Low-cost kitchen equipment
Two payment methods and cash	Study materials	Anything cheaper than baggage

MEDICINES

Personal-use quantities matching the prescription, in original packaging, carried by you. Controlled medicines follow stricter rules — verify before travel. [R56]

ELECTRONICS

France uses 230V at 50Hz, type C and E sockets. An adapter changes the plug, not the voltage. Power banks follow cabin rules. [R57]

PRIVACY

Watermark every copy of an identity document with its purpose and date. Never store bank PINs or passwords in the same archive. A document you cannot find under pressure is a document you do not have. [R35]

BORDER, CUSTOMS AND BAGGAGE

A visa permits travel to the border — not through it

Entry conditions can still be checked on arrival. Officers are confirming that your purpose and your means match the visa you hold.

KEEP THESE IN HAND LUGGAGE, NOT THE HOLD

- ☐ Passport and the correct visa or residence evidence
- ☐ Enrolment evidence for the purpose you stated
- ☐ Accommodation address and your host or residence contact
- ☐ Resources, insurance and onward or return means
- ☐ Prescription and supporting note for essential medication

CASH DECLARATION

€10,000 or more in cash and covered equivalents must be declared to French Customs. The rule reaches beyond banknotes, and undeclared sums can be seized. [R55]

GOODS

Food, plants, animals, tobacco and alcohol carry separate restrictions. Never carry anything for someone else — you are responsible for your baggage. [R56]

HOW TO ANSWER

Short, truthful and consistent

Nerves are normal and are not suspicious; contradictions are. If an officer retains a document or gives an instruction, ask how to obtain a receipt or written record before you leave the desk.

If a checked bag does not arrive

01 **Report it before leaving the baggage hall**
Go to the operating airline's desk. Leaving first makes the claim far harder.

02 **Keep every reference**
The property-irregularity report, the bag tag and the case number are your entire claim. [R58]

03 **Document replacements**
Save receipts for necessary purchases and respect the claim deadline.

AIRPORT TRANSFER

Choose the route your luggage can handle

The fastest route on a map is often the hardest after a twelve-hour flight with two heavy cases and no working phone plan.

€14

Paris Region ↔ Airports ticket: CDG by RER B, Orly by metro 14 or Orlyval [R45]

€56 / €65

CDG to Paris, fixed taxi fare: right bank / left bank [R49]

€45 / €36

Orly to Paris, fixed taxi fare: right bank / left bank [R49]

OPTION	BEST FOR	WATCH FOR
CDG — RER B	Central and northern Paris, light luggage	Long walks, stairs, disruption
Orly — Metro 14	Direct access to the metro network	The final leg to your front door
Official taxi	Heavy luggage, late arrival, exact address	Use the signed rank and fixed fare
Ride-hailing	In-app trip record and a named driver	Dynamic pricing and pickup zone
Beauvais coach	Beauvais arrivals only	Far outside Paris; last connection

OFFICIAL TAXI RULES

Use the signed rank and ignore anyone approaching you inside the terminal. A €4 immediate or €7 advance reservation supplement may apply in 2026. The fixed direct fare cannot carry unrelated add-ons. [R49]

DECIDE WITH FOUR QUESTIONS

How many bags can you move alone across stairs? Will the service still run if the flight is delayed? Can you reach the building entrance safely from the final stop? What is your fallback if the route fails?

SECTION 03

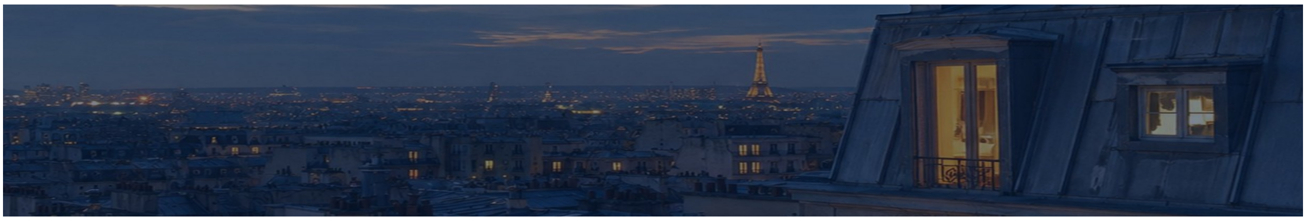
Somewhere to live

Housing decides whether your whole budget works. What it costs, where to search, what protects you, and what changed in July 2026.

Pages 12 – 18

WHAT HOUSING COSTS

Housing decides whether the whole budget works



Treat every price as a planning signal — never as availability, and never as a partnership between EIU and any provider.

~€290

Crous room, official 2026 examples — scarce and eligibility-led [R26]

€352–572

Crous studios, varying by residence and size [R26]

€800+

Campus France planning floor for a private Paris studio [R32]

TYPE	WHAT IT IS	THE REAL CONSTRAINT
Crous residence	Public student housing, lowest cost	Availability, not price
Private residence	Purpose-built, services included	Higher cost; read the contract
Studio	Independent, self-contained	Market price and the guarantor test
Shared flat	Cheapest independent route	Joint-liability clauses
Homestay	A room in a household	House rules; check what is included

AVAILABILITY IS THE CONSTRAINT

Paris student housing is structurally short. A price you can afford is not an offer you can obtain. Build your plan around what you can secure and pay for from your own resources on the day you arrive.

WHERE TO SEARCH · 1 OF 2

Start with the services the state already pays for

These are free, take no commission, and exist precisely because student housing is hard. Exhaust them before you pay anyone.

PUBLIC AND FREE	ADDRESS	WHAT IT DOES
Crous housing	trouverunlogement.lescrous.fr	Public residences, lowest rents [R24]
Mon Logement Étudiant	monlogementetudiant.gouv.fr	State student-housing portal [R41]
DossierFacile	dossierfacile.logement.gouv.fr	Builds and watermarks your file [R35]
Visale	visale.fr	Free state-backed guarantee [R40]

Student residences and non-profit housing

NAME	ADDRESS	NOTE
Adele	adele.org	Directory of student residences
Studylease	studylease.com	Directory and online booking
ImmoJeune	immojeune.com	Student-focused listings
Fac-Habitat · Arpej	fac-habitat.com · arpej.fr	Non-profit, often good value
Studéa · Les Estudines	nexity-studea.com · estudines.com	Private chains, higher cost
Habitat Jeunes (FJT)	unhaj.org	Young-workers residences

APPLY TO EVERYTHING AT ONCE

Applying to one residence and waiting is how students end up signing something bad in September. Continued on the next page. [R24][R32]

WHERE TO SEARCH · 2 OF 2

The open market, and where the fraud lives

Private portals carry far more stock than the public services — and almost all the housing fraud aimed at international students.

GENERAL AND SHARED	ADDRESS	NOTE
PAP	pap.fr	Direct from owners; no agency fee
SeLoger · Bien'ici	seloger.com · bienici.com	Large agency portals
Leboncoin	leboncoin.fr	Widest choice — highest fraud risk
La Carte des Colocs	lacartedescolocs.fr	Shared flats, student-heavy
Appartager · Roomlala	appartager.com · roomlala.com	Rooms in occupied homes

BOOK BEFORE ARRIVAL	ADDRESS	NOTE
Studapart	studapart.com	Often institution-linked; fees apply
HousingAnywhere · Uniplaces	housinganywhere.com · uniplaces.com	Remote booking; read cancellation
Hostels and short stays	bvjhotel.com · unhaj.org	A verified buffer while you view

NO ENDORSEMENT

These are listed because they exist and are widely used — not because they are recommended. Nothing here is an EIU partner. Verify every advertiser, address, lease and payee before any money moves. [R02]

SOCIAL MEDIA GROUPS

Facebook and messaging groups do find people homes. They also have no verification, no recourse and no record. If you use them, apply every rule on page 18 twice over, and never pay before a live viewing.

YOUR FILE AND YOUR GUARANTOR

A protected file, and the guarantor you do not have

The single hardest obstacle for an international tenant is the French guarantor requirement. Visale is the state-backed answer, and it is free.

YOUR FILE	DOCUMENTS USUALLY REQUESTED
Identity and status	Passport or ID; visa or stay evidence where legitimately required
Student	Current enrolment or accepted pre-enrolment, with dates
Resources	Scholarship, sponsor, contract or bank evidence lawfully requested
Guarantor	Visale certificate, or a private guarantor’s documents
Address	Current proof, host declaration or accepted alternative

DOSSIERFACILE

A free government service that organises and watermarks your file. It reduces exposure and is easier for an agent to read. It does not guarantee the property or acceptance. [R35]

VISALE

A free Action Logement guarantee for eligible tenants, including many students aged 18–30. Get the certificate before signing — applying afterwards is far harder. [R25][R40]

Ask these at every viewing

- What is included in the charges, and how are adjustments calculated?
- Which utilities must I open myself, and what were the recent actual bills?
- What is the lease type, the notice period and the joint-liability clause?
- Can I see the diagnostics, the inventory and the rent-control information?
- What is the exact total for month one — rent, charges, deposit and fees?

WARNING

A landlord may ask to see your passport. None needs to keep the original. Provide a watermarked copy and keep the document yourself. [R35]

THE LEASE

Read the lease before you transfer money

A signed copy, a traceable payment record and a detailed entry inventory settle almost every dispute that follows.

LEASE TYPE	KEY POINT	DEPOSIT
Furnished student lease	May run nine months for a student	Up to two months' rent excl. charges
Bail mobilité	Furnished, one to ten months	No security deposit
Shared lease	Individual or joint — liability matters	Depends on the lawful type
Residence contract	Services and house rules differ	Read the provider contract

BEFORE PAYING ANYTHING

- ☐ Verify the owner or agent, the address and the authority to rent
- ☐ Match the payee name to the verified counterparty
- ☐ Understand rent, charges, deposit, fees and the first due date
- ☐ Receive the lease and annexes before any irreversible transfer
- ☐ Never use gift cards or crypto for rent, and never mislabel a payment

HOME INSURANCE AND INVENTORY

Required before you get the keys

Tenants must insure rental risks and usually show the attestation before receiving keys. Complete the entry inventory the same day — dated photographs, meter readings, keys, every defect. What you fail to record on day one, you pay for on the day you leave. [R36][R37]

PARIS RENT CONTROL

Many primary-residence leases in Paris are capped, including many shared rentals. The lease must state the applicable reference rent, so you can check it against the official City of Paris simulator before signing. Exceptions exist and need case-specific analysis. [R34]

HOUSING AID

Most non-EU students lost housing aid in July 2026

The single largest change affecting international-student budgets this year. Read it before you sign a lease you can only afford with CAF.

MAJOR 2026 CHANGE

A means-tested scholarship, or a listed exception

From 1 July 2026, extra-EU students holding a long-stay visa or permit marked for study qualify for housing aid only if they receive a means-tested higher-education scholarship. It applies to new claims and to existing recipients who no longer meet the condition. [R38]

STILL ELIGIBLE	CONDITION
EU, EEA and Swiss nationals	Usual CAF conditions, scholarship or not
Any student with a means-tested grant	Whatever their nationality
Students in paid employment	Salaried activity, per the CAF exception
Apprenticeship or professionalisation	Holding the relevant contract
Refugee and stateless students	Listed exception
Spouses of extra-EU students	Listed exception

WHAT IT IS WORTH

Reported losses run from roughly €100 to €250 a month depending on rent, resources and location. If your budget depends on that amount, the lease is unaffordable. Run the official CAF simulator before signing. [R38] [R39]

TIMING

Even where you qualify, rights generally open the month after you move in and payment follows later. Housing aid is never a same-day rent discount. [R39]

HOUSING FRAUD

Ten signals that should stop the transaction

Housing fraud targets people who are far away, under time pressure and unfamiliar with the market. That is a precise description of an arriving international student.

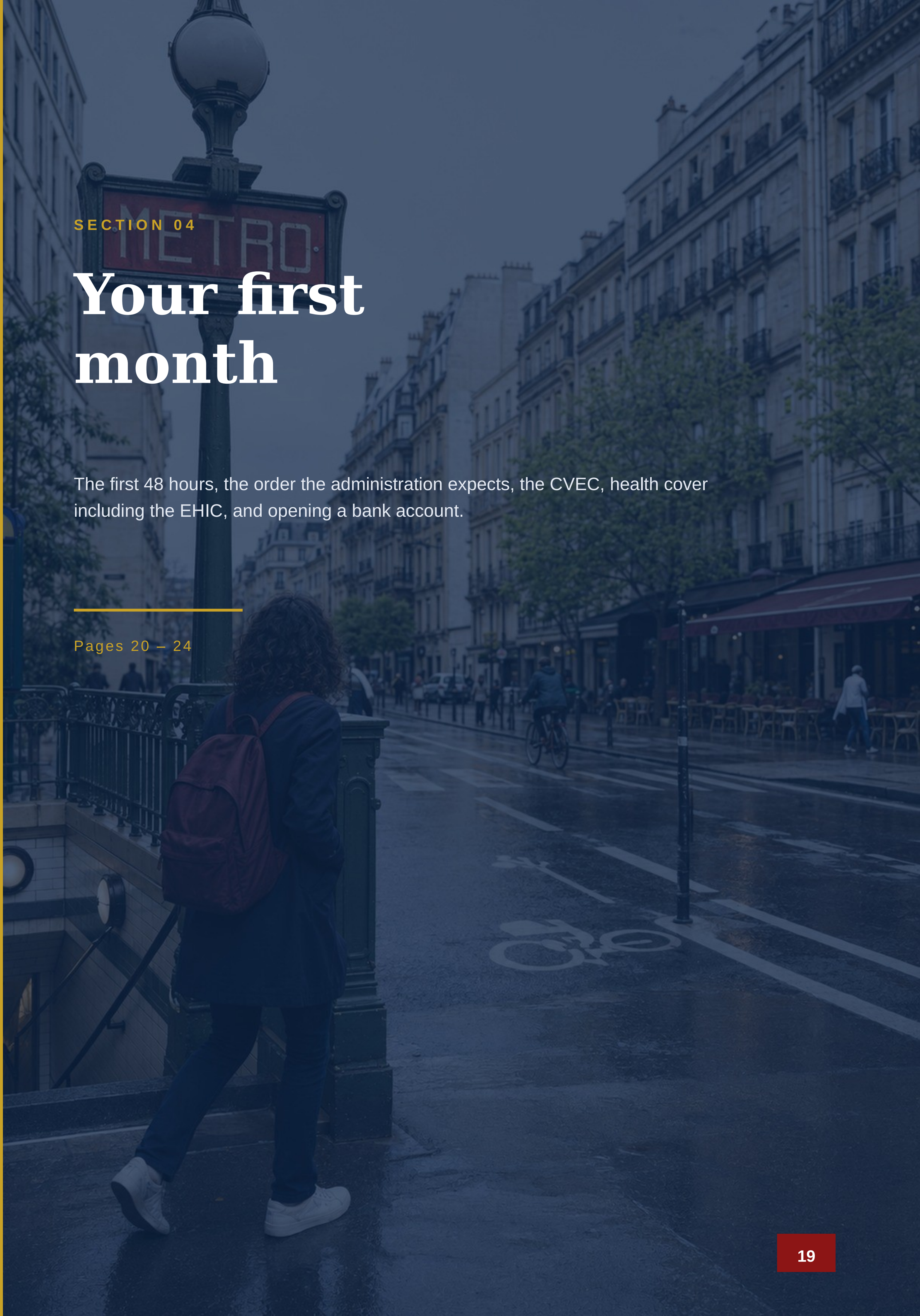
- ! A price far below everything comparable nearby
- ! Photographs copied elsewhere; mismatched address
- ! Payment demanded before any verification
- ! Refusal of a live viewing, in person or on video
- ! An owner permanently abroad who cannot meet
- ! Urgency and secrecy — "someone decides tonight"
- ! Crypto, gift cards or an unusual payment channel
- ! A request for your bank login or codes
- ! A payee name unrelated to the lease or owner
- ! A claimed EIU partnership you have not verified

IF IT HAS ALREADY HAPPENED

Stop all payments and tell your bank immediately — speed matters for any chance of recovery. Report the fraud to the police and keep the reference. Preserve every message, screenshot and transfer record. Then use your verified fallback rather than accepting another rushed offer.

THE ONE RULE

Never send money for a property that you, or someone you personally trust, has not seen — and never to a payee whose name does not match the lease.



SECTION 04

Your first month

The first 48 hours, the order the administration expects, the CVEC, health cover including the EHIC, and opening a bank account.

Pages 20 – 24

ARRIVAL AND SEQUENCE

Safety and proof first, administration second

Start only the procedures for which you already hold the documents. A French address, a final enrolment certificate and a bank RIB each unlock different things — attempting them out of order is the commonest source of delay.

WHEN	WHAT MATTERS
At the airport	Connect safely, message your trusted contact, use the route you planned.
Day 1	Enter only the verified accommodation. Photograph condition, keys and meters before unpacking.
Day 1–2	Buy essentials, activate data, walk your commute in daylight.
Day 2–3	Begin VLS-TS validation on ANEF if required, and keep the confirmation. [R14]
Week 1	Insurance, transport, and the files needed for banking and healthcare.

TASK	START WHEN	KEEP
VLS-TS validation	Immediately, if required	Confirmation and payment record
Home insurance	Before key handover	Policy and attestation
Bank account	Address documents ready	Contract and RIB / IBAN
CVEC	Close to enrolment	Attestation number
Health registration	Enrolment plus French address	Uploads and certificate
CAF	Only after checking eligibility	Simulation record
Renewal reminder	Calendar it on arrival	Expiry minus 4 and 2 months

THE CHICKEN-AND-EGG PROBLEM

Health registration wants a RIB. The bank wants an address. The landlord may want a guarantor. Break the loop with Visale and a residence or host attestation — and accept that month one is slower than you expect. [R25][R40]

IF THE HOUSING FAILS

If the property does not exist, is not as described, or feels unsafe, do not stay to argue. Call 17 or 112 for an urgent threat. Preserve evidence, use your fallback, deal with money afterwards. Page 32 lists emergency support. [R22]

STUDENT LIFE CONTRIBUTION

The CVEC: €105, and you cannot enrol without it

A compulsory annual contribution collected by Crous, separate from tuition. It funds health, sport, culture and social support for students.

€105

The 2026-27 amount, unchanged from last year [R65]

Once

Paid once a year, however many institutions you enrol at [R65]

Before

The attestation is required before enrolment is finalised [R65]

01 **Create an account on MesServices.etudiant.gouv.fr**
The same account is used for other student services.

02 **Go to cvec.etudiant.gouv.fr**
Pay, or claim exemption if you hold a means-tested scholarship.

03 **Download the attestation**
Keep the attestation number — your institution asks for it, not the receipt.

04 **Give it to your institution**
Enrolment cannot complete without it, even where you are exempt.

EXEMPTION

Means-tested scholarship holders do not pay — but must still complete the process to obtain an exemption attestation. Some students are not liable at all. [R65]

CHECK FIRST

Ask your institution in writing whether it requires a CVEC attestation before you pay anything. Liability depends on the establishment and programme. [R65]

FRAUD WARNING

The official site is being impersonated

Crous has warned of phishing by email, SMS and phone, and premium-rate numbers posing as help services. Pay only at cvec.etudiant.gouv.fr. The one official Crous number is 09 72 59 65 65. [R65]

HEALTH COVER

Registration is free — and starts after arrival

Assurance Maladie affiliation costs nothing for eligible international students. Anyone charging you for it is selling something you can obtain yourself.

YOUR SITUATION	STARTING ROUTE
EU, EEA or Swiss with a valid EHIC	Use home-country cover for the period it is valid [R66]
Covered by an S1 form	Register the S1 as instructed
Other eligible international student	Use the dedicated foreign-student portal after arrival [R16]
Employment or another status	Follow the route matching your actual status

THE USUAL UPLOAD PACK	DETAIL
Identity and status	Passport or ID, plus valid stay evidence
Study	Current final enrolment certificate
Address and bank	French address and your RIB or IBAN
Civil status	Accepted evidence, translated if required

THE EHIC

Free, and obtained before you leave

The European Health Insurance Card entitles EU, EEA and Swiss residents to medically necessary state care on the same terms as local residents. It is free, and only your own national authority can issue it — not France. Any site charging for one is reselling a free service. [R66]

WHAT THE EHIC DOES NOT DO

It is not travel insurance: no planned treatment, no private care, no repatriation. And it stops governing your cover once you start paid work in France or transfer your residence here — at that point you register with the French system. [R66][R16]

PROVISIONAL NUMBER

You may first receive a provisional social-security number. It lets the file progress while identification completes. Keep the certificate — you will be asked for it. [R16]

USING THE HEALTH SYSTEM

Ordinary care is a pathway, not an emergency service

Use the coordinated-care route for routine needs, and the emergency numbers only when delay would be dangerous.

€30

Standard 2026 sector 1 GP tariff [R18]

€19

Typical reimbursement after the €2 participation [R18]

15 / 112

Urgent medical help, or the European number [R22]

STEP	WHAT TO DO
Find a doctor	Use the official Ameli directory; check speciality, sector and fee [R17]
Declare a médecin traitant	A declared primary doctor improves reimbursement [R18]
Attend	Bring your carte Vitale or entitlement certificate, and a payment method
Pharmacy	Green cross; rota for nights and Sundays posted on the door
Check the statement	Review your Ameli account and fix missing bank data

SECTORS MATTER

A sector 1 doctor charges the regulated tariff. Sector 2 practitioners may charge more, and the excess is not reimbursed. A mutuelle is optional complementary cover — decide after you know your usage, not in week one.

Wellbeing has an escalation ladder

01 ROUTINE

Speak to a GP or student service. Protect sleep, food, movement and one regular social contact — these are the foundation, not luxuries.

02 STUDENT SUPPORT

Santé Psy Étudiant provides up to 12 psychology sessions per academic year for eligible enrolled students. Mon soutien psy is a separate route. [R19][R20]

03 CRISIS

Immediate danger: 15 or 112. Suicidal distress, or worry about someone else: 3114, free, 24 hours a day. [R21][R22]

BANKING

Opening an account: two routes, different speeds

A French RIB will be asked for by a landlord, an employer, Assurance Maladie and CAF. Start early — a branch appointment can take weeks in September.

ROUTE	EXAMPLES	WHAT TO EXPECT
High-street bank	BNP Paribas, Société Générale, Crédit Agricole, LCL, CIC, Crédit Mutuel, La Banque Postale	Appointment and originals; slower, but a named adviser
Online bank	BoursoBank, Hello bank!, Fortuneo, Monabanq	French IBAN, lower fees; some ask for income proof
Mobile provider	N26, Revolut, bunq	Fast onboarding; check which country issues the IBAN
Without a bank	Nickel, opened at a registered tabac	Minimal conditions, a fee applies; useful if others refuse

USUALLY REQUIRED	DETAIL
Valid identity	Passport, and residence evidence where applicable
Proof of French address	Lease, residence certificate, host attestation or bill
Student evidence	Current enrolment or accepted institution document
Tax residence declaration	A compliance formality, not an income assessment

WATCH THE FEES

A "student package" can bundle insurance you will never use. Ask for the tariff sheet, and the price after the first free year. [R69]

IF EVERYONE REFUSES

Get the refusal in writing. An eligible person domiciled in France can then use the Banque de France right-to-account procedure. [R42]

FRAUD

No bank ever needs your secret codes

Never disclose a PIN, a full authentication code, or remote screen access. Never log in through a link in an unexpected message — open the official app yourself and verify using the number published on the bank’s own site. [R44]

SECTION 05

Money, work and daily life

Getting connected, what Paris actually costs, what you are legally allowed to earn, and how to build a week that survives both.

Pages 26 – 31

GETTING CONNECTED

A SIM on day one, a contract in week two

France has four networks. Each runs a cheaper online-only brand on the same infrastructure, and independent operators resell all of them. Coverage where you actually live matters more than the headline data allowance.

NETWORK	ONLINE BRAND	NOTES
Orange	Sosh	Widest coverage nationally
SFR	RED by SFR	Strong urban coverage; frequent promotions
Bouygues Telecom	B&You	Good coverage, competitive fixed pricing
Free Mobile	Free	Generous roaming on the main plan — useful for calling home
Resellers (MVNO)	La Poste Mobile, Prixtel, YouPrice, Lycamobile, Lebara	Use the networks above; some specialise in international calls

€5–16

Typical monthly range without commitment in 2026 [R67]

~€10

Usual one-off charge for the SIM card

3179

Dial for your RIO code to keep your number [R67]

CHECK BEFORE SUBSCRIBING	WHY
The price after twelve months	The commonest trap — a promotional rate that doubles at month 13 [R68]
Commitment or none	Plans without commitment can be cancelled at any time
Payment method	Most contracts need a French RIB; prepaid does not
eSIM support	An eSIM can be activated before you land

NO RECOMMENDATION

This guide names operators because they exist, not because any is best. Prices change monthly and offers are regional. Compare on the operators’ own sites, and buy a prepaid SIM for the first days rather than signing anything in an airport. [R67]

TRANSPORT

Choose a pass by travel pattern, not by habit

A monthly pass is not automatically best value, especially for a partial first month. Ten minutes of arithmetic saves real money over a year.

PRODUCT	2026 PRICE	USE
Metro–Train–RER ticket	€2.55	Occasional rail or metro trip; airports excluded
Bus–Tram ticket	€2.05	Occasional surface trip
Navigo Week, all zones	€32.40	A busy full calendar week
Navigo Month, all zones	€90.80	Frequent travel across a calendar month
Imagine R Étudiant	€401.30 / year	Eligible under-26 students; deadline 30 April 2027
Paris Region ↔ Airports	€14	CDG by RER B, or Orly by metro 14 and Orlyval

THE MID-MONTH TRAP

Navigo Month runs from the first to the last day of the calendar month, not 30 days from purchase. Arriving on the 18th and buying a monthly pass wastes most of it. Use a weekly pass or pay-as-you-go until the month turns. [R45]

DECIDE WITH THREE QUESTIONS

How many chargeable trips will you actually make each week? Are you eligible for Imagine R, and does your establishment qualify? Are you arriving mid-month or mid-week? [R47]

BUDGETS

Rent decides whether a Paris budget works

Planning models, not quotations. Replace every figure with your signed rent and actual bills as soon as you have them.

€1,140

Lean — shared housing, careful spending

€1,986

Average — independent studio

€3,265

Comfortable — private, central

CATEGORY	LEAN	AVERAGE	COMFORT
Housing and charges	550	950	1,550
Utilities and internet	45	80	130
Food and household	240	330	500
Transport	35	91	140
Phone and insurance	30	75	145
Personal and study	60	110	200
Leisure	60	150	300
Emergency saving	120	200	300

SAY THIS PLAINLY

The legal minimum is not a Paris budget

The visa threshold is €877.50 a month. The leanest realistic model here is €1,140 — and since July 2026 most non-EU students no longer receive housing aid. For many students, Paris is not affordable on the legal minimum alone. Plan for the real number, not the admissible one. [R38][R64]

THE SINGLE BIGGEST SAVING

Since 4 May 2026 the €1 Crous meal is open to all students, not only scholarship holders — against a standard €3.30. Eating five weekday lunches at a university restaurant can save up to about €460 across an academic year. An active Izly account is required. [R71]

WORK RIGHTS AND PAY

Work rights follow your status, not your admission

An offer letter, a student card and an employer's enthusiasm create no right to work. Only your immigration status does.

SITUATION	GENERAL RULE
EU, EEA or Swiss	Freedom-of-movement rules generally apply
General non-EU student	Qualifying VLS-TS or carte: up to 964 salaried hours a year, employer declaration required
Algerian student	A specific authorisation route and a 50% limit linked to the profession
Short stay or other status	Do not assume any student work permission exists

964

Maximum annual hours, general non-EU rule [R50]

€12.31

Gross hourly SMIC from 1 June 2026 [R51]

2 days

Employer declaration lead time [R50]

WARNING

Track every employer against one annual total

The 964 hours are counted across all employers over the year of your residence document — not per job, not as a weekly average. Exceeding it can jeopardise your status and renewal. Never let an employer keep your original passport. [R50]

EXPERIENCE ROUTE	OFFICIAL BASELINE
Stage — convention	A curricular internship needs a signed tripartite convention [R53]
Stage — pay	Mandatory beyond two months, or from the 309th hour; 2026 minimum €4.50/hour [R52]
Apprentissage	The general non-EU route usually needs more than a year in France [R50]
Micro-entrepreneur	A non-EU student VLS-TS or carte does not authorise this activity [R50]

FREELANCING

An overseas client does not remove French rules. Work done while living in France can create immigration, tax and social-security obligations. [R50][R54]

NEIGHBOURHOODS AND DAILY LIFE

Choose an address by the whole journey

The exact street, the building entrance and the late-night route matter far more than the arrondissement number people quote at you.

SCORE EACH ADDRESS	THE TEST
Commute	Door to door, at the actual hour of your class or shift
Late route	Last service, lighting, footfall and your fallback
Daily needs	Grocery, pharmacy, laundry, doctor, a place to study
Housing quality	Noise, damp, heating, security and honest total cost
Resilience	An alternative route when the line is disrupted

INNER PARIS

Dense transport and amenities, smaller homes, higher private-market prices. You pay for proximity in square metres.

PETITE COURONNE

Neighbouring departments change the space-to-price trade-off. Calculate the exact commute and the last connection home.

MEETING PEOPLE IS NOT OPTIONAL

Isolation does more damage to a first year than money does. Student associations, university sport, ESN and Erasmus groups, language exchanges, diaspora and faith communities, and volunteering all work. Choose one in the first month, before the term absorbs you.

LOW-COST CULTURE AND FRENCH

Permanent collections in the City of Paris museum network are free, with listed exceptions; Louvre free admission is category-specific, not a universal student discount. The Mairie de Paris runs low-cost adult French courses — worth more to your year than any phrasebook. [R60][R61]

DISCRIMINATION IS REAL

Housing and hiring discrimination against foreign students happens in France, and it is unlawful. The Défenseur des Droits handles complaints free of charge. Keep written evidence — messages, refusals, adverts. Being refused is not a reflection on you. [R72]

SAFETY AND EMERGENCIES

Save these before you need them

Keep this page available offline, and add your own embassy, insurer and accommodation contacts.

15	Urgent medical help (SAMU)
17	Police emergency
18	Fire and rescue
112	European emergency number
114	Accessible text and video emergency
3114	Suicide-prevention crisis line
3919	Violence against women, free and anonymous
115	Emergency accommodation

If a passport is lost or stolen

01 **Secure**
Move to safety, then block cards and phone access.

02 **Report**
Report the theft to the police and keep the declaration reference.

03 **Replace**
Contact your own embassy through the France Diplomatie directory. [R62]

04 **Confirm travel**
Follow the ANEF or prefecture steps; do not travel until return evidence is confirmed. [R13]

DIGITAL SAFETY

Never open payment or login links in unexpected messages. If someone claims to represent EIU, open eiu.ac yourself and verify through the published contact page. [R01][R44]

WHEN THINGS GO WRONG

France has a safety net. Most students never find it.

If the money runs out, the housing collapses or you simply cannot cope, there is real, free help — and asking early works far better than asking late. None of this is charity; it is what the CVEC and the Crous exist to fund.

IF YOU NEED	WHAT EXISTS	HOW TO REACH IT
Someone to talk to	Crous social workers — free, confidential, trained for exactly this	Ask your Crous for the service social
Emergency money	Aide spécifique ponctuelle — a one-off Crous grant for students in difficulty	Through the Crous social service [R24]
Food	The €1 Crous meal, now open to all students, plus student food aid networks	Izly account; AGORAé, Linkee, épiceries solidaires [R71]
Somewhere to sleep tonight	Emergency accommodation	Call 115, free, 24 hours
Housing legal advice	ADIL — free, independent advice on leases and deposits	anil.org for your local ADIL
Help with discrimination	Défenseur des Droits — free complaints service	defenseurdesdroits.fr [R72]
Mental-health crisis	3114 — free, 24 hours, also for people worried about someone else	Call or chat, 3114 [R21]

ASK EARLY

Almost every student who reaches a crisis says afterwards that they waited too long because they felt ashamed, or assumed help was for someone else. A social worker would rather see you in October with a worry than in February with an eviction notice.

DO NOT DISAPPEAR

If you stop attending, stop answering messages or run out of money, tell your institution before it becomes an academic and immigration problem as well as a financial one.

GLOSSARY

Every acronym in this guide

French administration runs on abbreviations. This is the whole set, in one place.

ADIL
Free public housing-advice agency

Ameli
The Assurance Maladie website and account

ANEF
Online portal for foreigners' residence procedures

APL / ALS
Housing benefit paid by CAF

Alternance
Study combined with a work contract

Attestation
An official certificate proving you did something

Bail
A lease. Bail mobilité: a short furnished lease

Caution / dépôt
The security deposit held by the landlord

CAF
The family-allowances fund; pays housing aid

Carte Vitale
The health card that transmits reimbursements

CEAM / EHIC
European Health Insurance Card

CESEDA
The immigration code

Charges
Service costs charged alongside rent

CPAM
Your local Assurance Maladie office

CROUS
Regional body for student housing, food and welfare

CRRV
The commission that hears visa-refusal appeals

CVEC
Compulsory €105 student-life contribution

DSE
Dossier social étudiant — grant and housing application

EEF
Études en France — the Campus France pathway

État des lieux
The entry and exit inventory of a rented home

FJT
Young-workers residence; some student places

Gratification
The minimum payment owed to an intern

IBAN / RIB
Your account identifier, and the document showing it

Izly
Payment account for Crous restaurants

Médecin traitant
Your declared primary doctor

Mutuelle
Optional complementary health insurance

OFII
The immigration and integration office

Préfecture
The local state authority for residence permits

Quittance
A rent receipt

RIO
The code that lets you keep your mobile number

Sécurité sociale
The French social-security system

SMIC
The national minimum wage

Stage / convention
Internship, and its compulsory tripartite agreement

Titre de séjour
A residence permit

VLS-TS
Long-stay visa acting as a residence permit

Visale
Free state-backed rental guarantee

PRINT AND USE

Document and arrival checklists

Tick only what your own official route requires. Write the date or confirmation number beside each completed task. Print this page — it works when your phone is dead.

BEFORE TRAVEL

- ☐ Passport validity checked, protected copies made
- ☐ Correct visa or status, printed remarks read
- ☐ Final programme and enrolment evidence
- ☐ Accommodation address and check-in contact confirmed
- ☐ Funds, insurance and onward or return evidence
- ☐ Prescriptions and essential medication correctly packed
- ☐ Transfer route chosen, with a safe late-arrival fallback
- ☐ Two payment methods and a small emergency cash reserve

AFTER ARRIVAL

- ☐ Entry inventory: photographs, keys, meter readings
- ☐ Home-insurance attestation obtained
- ☐ Phone and data active; emergency numbers saved offline
- ☐ Commute tested in daylight
- ☐ VLS-TS validated on ANEF if required [R14]
- ☐ Bank application submitted, or refusal obtained in writing [R42]
- ☐ CVEC attestation obtained and given to your institution [R65]
- ☐ Health registration started; CAF eligibility checked [R16][R38]

ONE HABIT THAT PREVENTS MOST PROBLEMS

For every procedure, record the official URL, your identifier, the deadline, what you submitted, the confirmation number and the next action. The tracker on page 35 is built for exactly this.

PRINT AND USE

Tracker, budget planner and survival French

PROCEDURE	DEADLINE	REFERENCE	STATUS
Visa / status			
VLS-TS validation			
Housing / lease			
Home insurance			
Bank account			
CVEC			
Health registration			
CAF eligibility			
Renewal window			

Monthly budget (€)

CATEGORY	PLAN	ACTUAL
Rent and charges		
Utilities and internet		
Food and household		
Transport and phone		
Insurance and health		
Study and personal		
Emergency saving		

Survival French

FRENCH	MEANING
Bonjour. Parlez-vous anglais ?	Do you speak English?
J'ai rendez-vous à…	I have an appointment at…
Pouvez-vous l'écrire ?	Could you write it down?
Je voudrais un reçu.	I would like a receipt.
Les charges sont comprises ?	Are charges included?
C'est une urgence.	It is an emergency.
Je ne comprends pas encore bien.	I do not understand well yet.

Official starting points

France-Visas | ANEF | Ameli | DossierFacile | CAF | EIU Paris

QR SAFETY — a QR code is a convenience, not a guarantee. Your phone shows the destination before it opens — read it. Official French services end in .gouv.fr.

QUESTIONS 1–16

Visas, money and applying

Does a visa apply to you, what it costs, and how decisions are made · Open the cited official source before acting.

001 **Does an EIU offer qualify me for a French student visa?**

No. Nothing an institution issues creates an immigration right. Eligibility rests on nationality, residence, real purpose and duration, programme delivery, evidence and the authority's decision.

002 **Are EIU's programmes taught in person in Paris?**

Do not assume so. eiu.ac presents Institutional Degrees as 100% online and self-paced, and the ACBSP business degrees through the Dubai regional campus. Get written confirmation for your exact programme.

003 **Can I get a student visa for an online programme?**

No. A course you can complete from home does not require presence in France, so it does not support a study visa. Applying on that basis risks refusal and a record of it.

004 **Who normally needs a visa for France?**

It depends on nationality, legal residence, purpose and length of stay. EU, EEA and Swiss citizens do not need a student visa. Everyone else should run the official wizard.

005 **How much money must I show from August 2026?**

€877.50 per month for applications filed on or after 1 August 2026 — up from €615. Décret 2026-526 set it at 47% of gross monthly SMIC.

006 **I applied before 1 August 2026. Which figure applies?**

The old regime. The decree applies to applications filed from 1 August 2026 onward; earlier filings stay under the previous rules.

007 **Does €877.50 a month cover living in Paris?**

No. It is an admissibility threshold, not a budget. This guide's leanest realistic Paris model is around €1,140 a month, and that assumes shared housing.

008 **How much is the visa fee?**

France-Visas gives indicative student figures of €50 for Études en France countries and €99 otherwise, with exceptions. Your local route shows the payable amount.

009 **How early should I apply?**

As soon as the official route opens, and well before travel. Long-stay applications generally cannot be filed more than three months ahead. Peak season is slow.

010 **What if my visa is refused?**

Read the stated reasons at once. France-Visas describes a mandatory prior appeal to the CRRV within 30 days, signed, reasoned and written in French.

011 **What is VLS-TS validation?**

An online formality after arrival for a visa bearing that status. Complete it on ANEF within three months of entering France, or your stay becomes irregular.

012 **What does validation cost in 2026?**

€150 for a student — €100 tax plus a €50 stamp duty — under the grid in force since 1 May 2026. Verify the live amount on ANEF before paying.

013 **What happens if I miss the three-month deadline?**

Your visa stops serving as a residence permit and you fall out of status. Do not travel; contact the prefecture route immediately and document the reason.

014 **When do I renew?**

Open the route four months before expiry and file no later than two months before. Late filing without good cause adds a further charge.

015 **What must stay in my hand luggage?**

Passport, visa or status evidence, enrolment proof, accommodation address, funds and insurance evidence, prescriptions and essential medication.

016 **How much cash can I carry without declaring it?**

€10,000 or more in cash and covered equivalents must be declared to French Customs. The rule covers more than banknotes.

QUESTIONS 17–32

Arriving, and somewhere to live

Documents, transfers, housing costs, files, guarantees and CAF · Open the cited official source before acting.

017 **Can I bring my prescription medication?**

Generally yes in personal-use quantities matching the prescription, carried by you in original packaging. Controlled medicines have stricter rules — check first.

018 **What if my checked bag does not arrive?**

Report it to the operating airline before leaving the baggage hall. Keep the property-irregularity report, the bag tag and receipts for essential purchases.

019 **How much is the airport public-transport ticket?**

€14 for the Paris Region ↔ Airports ticket, covering CDG by RER B or Orly by metro 14 and Orlyval.

020 **How much is an official airport taxi?**

Fixed 2026 fares: CDG €56 right bank, €65 left bank; Orly €45 right bank, €36 left bank. A reservation supplement may apply.

021 **Does EIU provide or guarantee accommodation?**

This guide makes no such claim. Ask EIU in writing about any current support; otherwise treat every option here as an independent resource.

022 **How much is Crous housing in Paris?**

Official 2026 examples run from roughly €290 for a small room to about €572 for certain studios. Availability, not price, is the real constraint.

023 **How much is a private studio in Paris?**

Campus France advises planning at least about €800. Treat that as a floor, not a promise — current listings are often higher.

024 **What is DossierFacile?**

A free government service that organises and watermarks your rental file. It protects your documents; it does not find or guarantee a property.

025 **What is Visale?**

A free Action Logement rental guarantee for eligible people, including many students aged 18–30. Get the certificate before signing.

026 **How large can the deposit be?**

Up to two months' rent excluding charges for a standard furnished lease. A bail mobilité carries no security deposit at all.

027 **Does Paris rent control apply to my flat?**

It applies to many primary-residence leases including many shared rentals, but exceptions exist. Use the official City of Paris simulator.

028 **What are the strongest scam signals?**

A price far below the area, payment before viewing, an owner permanently abroad, crypto or gift-card demands, a mismatched payee, and urgency or secrecy.

029 **Can I get CAF housing aid in 2026-27?**

Often no. Since 1 July 2026, extra-EU students holding a study visa or permit qualify only if they receive a means-tested scholarship or meet a listed exception.

030 **Which exceptions keep CAF aid?**

Students in paid employment, on an apprenticeship or professionalisation contract, refugees and stateless students, and spouses of extra-EU students.

031 **I already receive APL. Am I safe?**

Not necessarily. Existing beneficiaries who no longer meet the condition also lost entitlement from July 2026. Around 90,000 students were affected.

032 **How much is at stake?**

Reported losses run from roughly €100 to €250 a month depending on rent, resources and location. Build your budget without it.

QUESTIONS 33–48

CVEC, health, connection and money

The practical questions of your first month · Open the cited official source before acting.

033 **What is the CVEC?**

A compulsory annual student-life contribution collected by Crous. It funds health, sport, culture and social support on campuses, and it is separate from tuition. [R65]

034 **How much is the CVEC for 2026-27?**

€105, unchanged from the previous year. It is paid once per academic year however many institutions you enrol at, at cvec.etudiant.gouv.fr. [R65]

035 **Do I have to pay the CVEC?**

Only if you are enrolling in initial training at a French higher-education establishment. Some students are not liable at all. Ask your institution whether it requires the attestation before you pay. [R65]

036 **I am a scholarship holder — am I exempt?**

Means-tested scholarship holders are exempt from payment, but must still complete the process online to obtain an exemption attestation. Without it, enrolment cannot be finalised. [R65]

037 **Is French student health cover free?**

Yes. Registration with Assurance Maladie is free for eligible international students. Never pay a website or agent to obtain it.

038 **When do I register with Ameli?**

After arrival, once you hold a current final enrolment certificate and a French address. Use the dedicated foreign-student portal.

039 **What does a GP visit cost?**

The standard 2026 sector 1 tariff is €30. Reimbursement is typically €19 after the €2 participation when the coordinated pathway applies.

040 **What mental-health support exists?**

Santé Psy Étudiant offers up to 12 psychology sessions per academic year for eligible enrolled students. Mon soutien psy is a separate Assurance Maladie route.

041 **Who do I call in a mental-health crisis?**

15 or 112 for immediate danger. 3114 is the national suicide-prevention line — free, confidential and available 24/7, including for people supporting someone else.

042 **What is the EHIC?**

The European Health Insurance Card. It entitles EU, EEA and Swiss residents to medically necessary state healthcare in another member state on the same terms as local residents. [R66]

043 **Does the EHIC cover my whole degree?**

It covers medically necessary care during a temporary stay, including a period of study. If you transfer your residence or start work in France, register with the French system instead. [R66][R16]

044 **Which mobile operator should I choose?**

This guide does not recommend one. Four networks exist — Orange, SFR, Bouygues and Free — each with a cheaper online-only brand. Compare on coverage where you live, not on headline data. [R67]

045 **What should a student plan cost?**

Contract plans without commitment typically sit in the region of €5–16 a month in 2026, usually with a one-off SIM charge. Prices move constantly; check the operator's own site. [R67]

046 **What is the most common mobile trap?**

A promotional price that rises sharply after twelve months. Check the price after the promotion, not the headline, and prefer a genuinely fixed tariff without commitment. [R68]

047 **Can I open a bank account without a French address?**

It is difficult with a traditional bank. Some accounts can be opened with limited documents, and an eligible person refused everywhere can use the Banque de France right-to-account procedure. [R42][R69]

048 **How long does opening an account take?**

Online providers can issue an IBAN within days. Traditional branch accounts often take longer and may require an appointment and originals. Do not leave it until rent is due. [R69]

REFERENCES AND OFFICIAL RESOURCES

Every figure, traced

R01 – R39 of 55 · All accessed 4 August 2026

R01 **European International University**
Learn anywhere. Anytime. Affordably.
https://eiu.ac/
Used: Institutional identity, official email and WhatsApp.

R02 **European International University**
Contact Us
https://eiu.ac/contact
Used: Paris address, contact channels, regional offices.

R04 **European International University**
EIU Student Handbook
https://eiu.ac/eiu-student-handbook
Used: Route to institution-specific academic rules.

R05 **European International University**
Institutional Degrees
https://eiu.ac/institutional-degrees
Used: Delivery presented as 100% online, self-paced.

R06 **European International University**
ACBSP Accredited Business Degrees
https://eiu.ac/accredited-business-programmes
Used: Delivery presented via the Dubai regional campus.

R09 **France-Visas**
Students
https://www.france-visas.gouv.fr/en/etudiant
Used: Student route, Études en France scope, indicative fees.

R11 **France-Visas**
Frequently asked questions
https://www.france-visas.gouv.fr/en/faq
Used: Appointments, documents and the refusal appeal route.

R12 **France-Visas**
Your arrival in France
https://www.france-visas.gouv.fr/en/votre-arrivee-en-france
Used: Border evidence and post-arrival validation.

R13 **Service Public**
Étudiant étranger en France : visa de long séjour ou titre de séjour
https://www.service-public.gouv.fr/particuliers/vosdroits/F2231
Used: Student conditions, resources, validation and renewal.

R14 **Ministry of the Interior**
Administration numérique pour les étrangers en France (ANEF)
https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/
Used: Portal for validating a VLS-TS and residence applications.

R15 **Service Public / France-Visas**
Vérifier si vous avez besoin d'un visa — Assistant Visa
https://www.service-public.gouv.fr/particuliers/vosdroits/R50475
Used: Official wizard determining requirements by nationality.

R16 **Assurance Maladie (ameli)**
Vous venez étudier en France
https://www.ameli.fr/assure/droits-demarches/europe-international/protection-sociale-france/vous-venez-etudier-en-france
Used: Foreign-student registration steps and documents.

R17 **Étudiant.gouv**
La couverture santé pour les étudiants internationaux
https://www.etudiant.gouv.fr/fr/la-couverture-sante-pour-les-etudiants-internationaux-217
Used: Free health affiliation and preventive care.

R18 **Assurance Maladie (ameli)**
Consultations en métropole : vos remboursements
https://www.ameli.fr/assure/remboursements/rembourse/consultations-telemedecine/metropole
Used: 2026 sector 1 GP fee and reimbursement examples.

R19 **Assurance Maladie (ameli)**
Mon soutien psy
https://www.ameli.fr/assure/remboursements/remboursement-seance-psychologue-mon-soutien-psy
Used: Psychologist-session reimbursement pathway.

R20 **Ministry of Higher Education**
FAQ — Santé Psy Étudiant
https://santepsy.etudiant.gouv.fr/faq
Used: Twelve student psychology sessions per academic year.

R21 **Ministry of Health**
Le numéro national de prévention du suicide
https://sante.gouv.fr/prevention-en-sante/sante-mentale/promotion-et-prevention/la-prevention-du-suicide/
Used: 3114 crisis-line availability and scope.

R22 **Ministry of the Interior — Ma Sécurité**
Les numéros nationaux
https://www.masecurite.interieur.gouv.fr/fr/practical-sheets/les-numeros-nationaux
Used: Emergency numbers 15, 17, 18, 112 and 114.

R24 **Étudiant.gouv / Crous**
Attribution des logements en résidence
https://www.etudiant.gouv.fr/fr/comment-se-passe-l-attribution-des-logements-en-residence-73
Used: 2026 Crous phases and international-student access.

R25 **Étudiant.gouv**
Aides au logement et la caution locative
https://www.etudiant.gouv.fr/fr/aides-au-logement-et-la-caution-locative-1294
Used: Visale, Loca-Pass and housing-aid overview.

R26 **Crous de Paris**
Résidence Dareau
https://www.crous-paris.fr/logement/residence-dareau/
Used: Official 2026 example rents.

R32 **Campus France**
Student housing in France
https://www.campusfrance.org/en/student-housing-france
Used: Housing types and Paris private-market planning ranges.

R34 **Ville de Paris**
L'encadrement des loyers parisiens
https://www.paris.fr/pages/l-encadrement-des-loyers-parisiens-en-vigueur-le-1er-aout-2712
Used: Rent-control scope, lease disclosures, simulator.

R35 **French Government**
DossierFacile — le dossier de location numérique de l'État
https://www.dossierfacile.logement.gouv.fr/
Used: Free state-supported rental-file service.

R36 **Service Public**
Bail d'habitation : bail meublé ou bail mobilité
https://www.service-public.gouv.fr/particuliers/vosdroits/F2315
Used: Student lease terms, deposit limits, bail mobilité.

R37 **Service Public**
Assurance habitation : souscription et résiliation
https://www.service-public.gouv.fr/particuliers/vosdroits/F21532
Used: Tenant obligation to insure rental risks.

R38 **CAF**
APL : ce qui change pour certains étudiants à partir du 1er juillet 2026
https://www.caf.fr/allocataires/actualites/actualites-nationales/apl-ce-qui-change-pour-certains-etudiants-partir-du-1er-juillet-2026
Used: 2026 housing-aid restriction and its exceptions.

R39 **Service Public**
Un étudiant peut-il bénéficier d'une aide au logement ?
https://www.service-public.gouv.fr/particuliers/vosdroits/F35848
Used: Eligibility, shared housing, payment timing.

REFERENCES AND OFFICIAL RESOURCES

References — continued

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R40 **Étudiant.gouv / Action Logement**
Visale se porte garant pour les étudiants
https://www.etudiant.gouv.fr/fr/aide-pour-la-caution-visale-se-porte-garant-pour-les-etudiants-739
Used: Visale age and timing rules.

R41 **Service Public**
Étudiants : une plateforme pour votre recherche de logement
https://www.service-public.gouv.fr/particuliers/actualites/A18810
Used: Mon Logement Étudiant public platform.

R42 **Banque de France**
Faire valoir votre droit à un compte bancaire
https://www.banque-france.fr/fr/a-votre-service/particuliers/faire-valoir-droit-au-compte-bancaire
Used: Account refusal and right-to-account procedure.

R44 **Ministry of the Economy**
Opérations bancaires à distance : se protéger des fraudes
https://www.economie.gouv.fr/particuliers/mes-droits-conso/eviter-les-arnaques/
Used: Phishing and payment-verification precautions.

R45 **Île-de-France Mobilités**
Les tarifs Île-de-France Mobilités 2026
https://www.iledefrance-mobilites.fr/tarifs-titre-de-transport-en-commun-2026
Used: 2026 tickets, Navigo and Imagine R prices.

R47 **Île-de-France Mobilités**
Forfait imagine R Étudiant
https://www.iledefrance-mobilites.fr/en/titres-et-tarifs/detail/forfait-imagine-r-etudiant
Used: 2026-27 student pass period and deadline.

R49 **Service Public Entreprendre**
Taxis : les tarifs applicables en 2026
https://entreprendre.service-public.gouv.fr/actualites/A15396
Used: Fixed Paris-airport taxi fares and supplements.

R50 **Service Public**
Un étudiant non européen peut-il travailler en France ?
https://www.service-public.gouv.fr/particuliers/vosdroits/F2713
Used: 964-hour limit, employer declaration, Algerian rules.

R51 **Urssaf**
Montant du Smic
https://www.urssaf.fr/accueil/outils-documentation/taux-baremes/montant-smic.html
Used: SMIC €12.31 gross per hour from 1 June 2026.

R52 **Service Public**
Gratification minimale d'un stagiaire
https://www.service-public.gouv.fr/particuliers/vosdroits/F32131
Used: 2026 minimum hourly internship gratification.

R53 **Service Public**
Stage d'un étudiant en milieu professionnel
https://www.service-public.gouv.fr/particuliers/vosdroits/F16734
Used: Convention, duration limits, gratification trigger.

R54 **Service Public**
Quels sont les impôts payés par un étranger en France ?
https://www.service-public.gouv.fr/particuliers/vosdroits/F36401
Used: Tax residence and first declaration.

R55 **French Customs**
Obligation déclarative d'argent liquide
https://www.douane.gouv.fr/fiche/obligation-declarative-dargent-liquide
Used: €10,000 cash declaration requirement.

R56 **French Customs**
Le transport de médicaments par des particuliers
https://www.douane.gouv.fr/fiche/le-transport-de-medicaments-en-france-par-des-particuliers
Used: Personal-use quantities and controlled medicines.

R57 **Service Public**
Vol en avion : objets interdits en cabine
https://www.service-public.gouv.fr/particuliers/vosdroits/F16085
Used: Cabin restrictions and the official item checker.

R58 **Service Public**
Voyage en avion : bagage perdu ou retardé
https://www.service-public.gouv.fr/particuliers/vosdroits/F11370
Used: Reporting missing baggage and claims evidence.

R60 **Paris Musées**
Welcome — Admission
https://www.parismusees.paris.fr/en/vous-etes/welcome
Used: Free permanent collections, with listed exceptions.

R61 **Musée du Louvre**
Hours & admission — Tickets and prices
https://www.louvre.fr/en/visit/hours-admission/tickets-and-prices
Used: Free-admission categories and reservation rules.

R62 **France Diplomatie**
Annuaire des représentations étrangères
https://www.diplomatie.gouv.fr/fr/services/annuaire-et-contacts/representations-etrangeres
Used: Directory for a student's own embassy in France.

R64 **Légifrance / Journal Officiel**
Décret n° 2026-526 du 22 juin 2026 — article R. 422-2 CESEDA
https://www.legifrance.gouv.fr/
Used: Resource threshold raised to 47% of gross SMIC (€877.50) from 1 August 2026.

R65 **Crous / Ministry of Higher Education**
CVEC — Contribution de vie étudiante et de campus
https://cvec.etudiant.gouv.fr/
Used: €105 for 2026-27; payment or exemption attestation required before enrolment.

R66 **European Commission**
European Health Insurance Card (EHIC)
https://ec.europa.eu/social/main.jsp?catId=559
Used: Scope of EHIC cover during a temporary stay in another member state.

R67 **ARCEP**
Le marché mobile et les droits des consommateurs
https://www.arcep.fr/
Used: Network structure and number portability via the RIO code.

R68 **Service Public**
Contrat de téléphonie mobile : engagement et résiliation
https://www.service-public.gouv.fr/particuliers/vosdroits/F11002
Used: Commitment periods, tariff changes and cancellation rights.

R69 **Service Public**
Ouverture d'un compte bancaire
https://www.service-public.gouv.fr/particuliers/vosdroits/F2436
Used: Documents required, refusal, and the right-to-account route.

R71 **Crous**
Le repas à 1 euro pour tous les étudiants, à partir du 4 mai 2026
https://www.lescrous.fr/2026/04/le-repas-a-1-euro-pour-tous-les-etudiants-deploye-a-partir-du-4-mai-2026/
Used: €1 meal extended to all students; standard rate €3.30; Izly required.

R72 **Défenseur des Droits**
Discriminations — saisir le Défenseur des Droits
https://www.defenseurdesdroits.fr/
Used: Free complaints route for housing and employment discrimination.